

Pam 10/18/10
9/15/10 (13)

The Volunteer Coordinating Committee met Sept. 13, 2010 and interviewed Dr. Nidhi Lal for a voting associate member of The Board of Health. She hasn't attended any meetings nor has she attended Town Meeting. We strongly urged her to attend the BOH meeting to understand their mission. She has a degree in Public Health and feels because of this she would be a perfect match for this Board. She is a candidate that meets the qualifications however because she has never attended any meetings nor Town Meeting we voted to move her forward.

Jean Lane



VOLUNTEER APPLICATION

TOWN OF ACTON
472 MAIN STREET
ACTON, MA 01720

TELEPHONE (978) 264-9612

FAX (978) 264-9630

EMAIL MANAGER@ACTON-MA.GOV

Residents interested in serving on a Town Board, Committee or Commission are requested to complete this form and send it to the Office of the Town Manager at Town Hall.

(Please print or type)

Title Mr. Mrs. Ms. <u>Dr.</u>	Email Address <u>nidhi.lal@wfmail.com</u>	Date
Last Name <u>LAL</u>	First Name <u>NIDHI</u>	Middle
Street Address <u>19 CANTERBURY HILL RD,</u> <u>ACTON, MA</u>	Home Phone <u>978 663 3042</u>	Business Phone

Please refer to Addendum A and indicate below, in order of preference, the Board, Committee or Commission that is of interest to you: BOARD OF HEALTH

Have you previously been a member of a Board, Committee or Commission (either in Acton or elsewhere)? If so, please list the Board name and your approximate dates of service: NO

Do you have any time restrictions? _____

Are you a U.S. Citizen? YES Are you a Documented Resident Alien of Acton? YES How long have you lived in Acton? 3 years In Massachusetts? 14 years

Present occupation and employer (Optional: Attach resume): PHYSICIAN, LOWELL COMMUNITY HEALTH CENTER

Do you or your employer have any current or potential business relationship with the Town of Acton that could create a conflict of interest? NO

Education and special training: MD, M.P.H

Please list below any additional information or comments that may help in the matching of your interests with the most appropriate Board/Committee, such as civic experience, special interests/hobbies, etc.: _____

Thank you. If you have questions or would like more information, please contact the Town Manager's office at Town Hall, at (978)264-9612.

The space below is for use by the Managers office and or the Board of Selectmen and the appointing body to record the status of your application.

<hr/>	
Interview	Appointing Body
Applicant called _____	Selectmen/Manager/Moderator
Schedule Date & Time _____	Interview Date _____
Recommendations _____	Appointed Date _____
	Term _____
Board, Committee or Commission	
_____	Member/Alternate/Associate
_____	Member/Alternate/Associate
_____	Member/Alternate/Associate
_____	Member/Alternate/Associate
Recommendation Sent _____	Notification of Appointment
<input type="checkbox"/> No openings at this time.	Received _____
	Committee Notified _____
	Applicant Notified _____

September 2008 - Present

Bedford Montessori school – School Physician

- Help formulate school policy for sick children and employees for the H1N1 flu season in accordance with current CDC and State guidelines.

2009

Preceptor, NP program, Mass General Hospital

INTERNATIONAL WORK EXPERIENCE

1995 - 1996

Senior Resident in Obstetrics & Gynecology

Dr. Balabhai Nanavati Hospital & Medical Research Center
Mumbai, India.

1994 - 1995

Junior Resident in General Surgery and Surgical

Oncology

Dr. Balabhai Nanavati Hospital and Medical Research Center
Mumbai, India.

1993

Rotating Internship

Lokmanya Tilak Medical College and Hospital
Mumbai, India.

RESEARCH EXPERIENCE

July 2000 – May 2001

Research Fellow

Department of Obstetrics & Gynecology

Brigham and Women's Hospital, Boston, MA.

- Study of host defense mechanisms and mucosal immune response to sexually transmitted pathogens in the genital tract. Major focus is the role of Defensins in the innate immune response of urogenital mucosa to infection, particularly Chlamydia trachomatis. Other foci include: identification and characterization of secreted defensin forms, in vivo defensin expression and secretion in the presence of STD's, and characterization of chemotactic activity and receptor usage by human defensin 5.

June 1999 – May 2000

Boston University School of Public Health

Boston, MA.

- Conducted a pilot study on South Asian women in the Greater Boston area with regards to HIV/STD knowledge, access to health care, status of reproductive and mental health, and incidence of domestic abuse and violence.
- Analyzed the data using statistical techniques and arrived at conclusions demonstrating the need for further research in this area.
- Conducted literature review and research on preconceptual care and neonatal outcome (as part of 'The Healthy Start' project in Boston)

1998 - 2000

Research Associate

Department of Obstetrics & Gynecology

Boston University School of Medicine, Boston, MA.

- Studied the use of MRI in patients with primary cervical cancer.
- Studied the use of "Self Pap" for cervical cancer screening in under-served populations.
- Researched effectiveness of HPV detection kits and Thin-prep PAP smears.

1995 - 1996

Dr. Balabhai Nanavati Hospital and Medical Research Center
Department of Obstetrics & Gynecology, Mumbai, India

- Utilized colposcopic methods to study the cytopathology of cervical intra-epithelial neoplasias and Human papilloma virus infections.
- Correlated colposcopic and pathological data from 180 patients to determine the use of colposcopy as an early detection method of dysplastic changes in the cervical squamocolumnar epithelium.

PRESENTATIONS AT SCIENTIFIC SEMINARS

November 2006	STFM, Conference on Practice Improvement, Denver "Completing the circle for quality care: Using community health workers, coordination of care and family practice"
November 2006	APHA, Boston- oral session "Completing the circle for quality care: Using community health workers, coordination of care and family practice"
May 2004	STFM, Toronto – presented at peer session "Development and Implementation of a Resident Driven Colposcopy Curriculum"
November 2003	AMSA, Philadelphia Represented UMass Family Practice Program
October 1999	National Perinatology Conference – poster presentation "AIDS Awareness and HIV Knowledge in South Asian women"
May 1998	New England Association of Gynecologic Oncologists 18 th Annual Meeting "Analysis of discrepancies between clinical FIGO and MRI Assigned Stage in Primary Cervical Cancer."
December 1996	Silver Jubilee Conference of Indian Academy of Cytologists "Role of Colposcopy in Cervical Lesions."
March 1995	23 rd Bombay Obstetric & Gynecological Conference "Role of Colposcopy in Cervical Lesions."

PUBLICATIONS

2000	EM Porter, S Mulye, A Chen, N Lal, W Wu, A Nussbaum, PA Rice, L Mahoozi, J Pudney, T Ganz, AJ Quayle. <i>Sexually Transmitted Diseases Elucidate Mechanisms of In Vivo Induction, Luminal Processing and Functions of Epithelial Defensins.</i>
2000	Nidhi Lal, John Kaszinca, Kalli Varaklis, Valena Soto-Wright. <i>AV Malformations of Bartholins Gland.</i> Journal of Reproductive Medicine. 2001Apr;46(4):395-7.
2000	Nidhi Lal, Anita Raj, Lisa Paine. <i>Aids Awareness and HIV Knowledge in South Asian Women.</i> Journal of Perinatology. 2000
1999	Valena Soto-Wright, Nidhi K. Lal. <i>Peritoneal Tuberculosis - Diagnostic Options.</i> Infectious Diseases in Obstetrics & Gynecology 1999;7:244-247.
1995	Maya Lulla, Nidhi Kumar. <i>Role of Colposcopy in Cervical Lesions.</i> Indian Journal of Cytology 1995;12:42.

CERTIFICATIONS

Board Certified in Family Practice

ALSO

ACLS

Certified Advanced Life Support in Obstetrics (ALSO) Instructor

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- Studied the use of MRI in patients with primary cervical cancer.
- Studied the use of "Self Pap" for cervical cancer screening in under-served populations.
- Researched effectiveness of HPV detection kits and Thin-prep PAP smears.

Nidhi Kumar Lal

nidhilal@hotmail.com

978.204.9453

Practicing as a full time Family Practitioner with Obstetrics at an ethnically diverse Community Health Center. Participated in development of the newly formed Family Practice Department and have been instrumental in attracting and retaining patients to the practice.

EDUCATION

<i>July 2002 – July 2004</i>	Residency - University Of Massachusetts Family Practice Program Worcester, MA
<i>July 2001 – June 2002</i>	Internship - Wyoming Valley Family Practice Program Kingston, PA
<i>1999 – 2000</i>	M.P.H. - Master of Public Health Boston University School of Public Health, Boston, MA.
<i>1994 – 1996</i>	D.G.O. - Diplomate in Obstetrics & Gynecology Dr. Balabhai Nanavati Hospital and Medical Research Center Mumbai, India.
<i>1988 - 1992</i>	M.B.B.S. - Bachelor of Medicine & Bachelor of Surgery Mahatma Gandhi Institute of Medical Sciences Wardha, India.

WORK EXPERIENCE

<i>Jan 2005 – Present</i>	Lowell Community Health Center 15-17 Warren St, Lowell, MA- 01852 <ul style="list-style-type: none">• Develop and maintain the role of a Family Physician with Obstetrics while practicing full spectrum Family Medicine.• Manage intermediate risk obstetric patients, conduct vaginal deliveries including vacuum assisted extractions, 1st assist in C-sections.• Perform Office procedures such as Colposcopy, IUD insertions, minor dermatological excisions and biopsies, joint injections.• Initiate and co-ordinate group visits for Diabetes and Prenatal group visits.• Responsible as Supervisory Physician for NP at LCHC, 2008-2009• Responsible as Supervisory Physician for CNM at LCHC, 2007-2009• Assume role of Physician Champion in the COMPASS project 2010 - for chronic disease management, patient self-management of chronic disease and improving access to treatment and care through community outreach. Facilitate incorporation of the Patient Navigator (PN) role within the current clinical flow through education and discussion with the Center's providers.
<i>2009 - Present</i>	Associate Professor, University of Massachusetts, Department of Family Medicine <ul style="list-style-type: none">• Precept family practice residents for during rotation in Obstetrics, Women's Health and Family Medicine
<i>2009 - Present</i>	USCIS Civil Surgeon <ul style="list-style-type: none">• Perform immigration physical exams at LCHC